

## Where do we meet?

Stamp

Every *second* Thursday  
of the month at:

Park Congregational Church  
10 Park Place, N.E.  
Grand Rapids, Michigan  
7:00 - 8:30 p.m.  
(use the *Ransom Street* entrance)

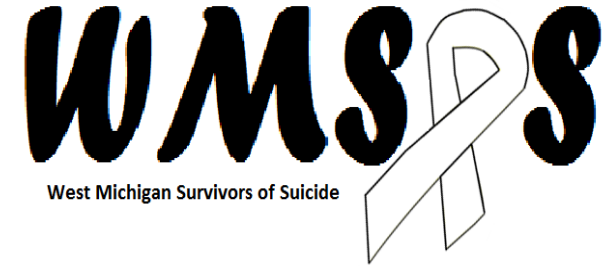
Parking is available at the church.  
Press and hold the button at the  
entrance barrier to talk. Then  
release to be allowed in.

Follow the SOS signs.

We encourage survivors to gather,  
to remember and to speak aloud  
the precious names of those lost  
to suicide. You are in a safe place  
with those who understand. If you  
are very new to the tragedy of  
suicide loss, despair may be your  
companion. We hope you find  
some time to rest your burden and  
share it with those of us who need  
no explanation.

All are welcome!

West Michigan  
Survivors of Suicide  
233 Carrier NE  
Grand Rapids, MI 49505



*“Death ends a life, but it does  
not end a relationship, which  
struggles on in the survivor’s mind  
towards some resolution which it  
never finds.”*

From: "I Never Sang for My Father"

## A Grief Support Group

A 501(c)(3) Michigan Organization

Visit our Website:  
[www.wmsos.com](http://www.wmsos.com)

## Since the suicide, have you felt...

Guilt? Rejection? Shame?

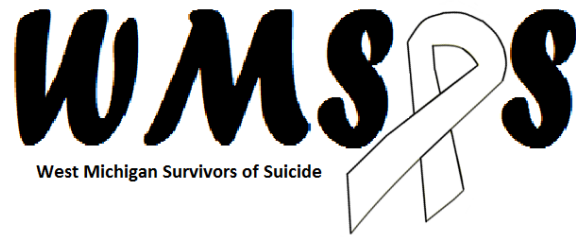
Anger? Depression? Isolation?

Desperation? Exclusion?

All of us have experience some or all  
of these feelings following the  
suicide of a loved one.

## But with WMSOS we've found...

Comfort  
Support  
Strength  
Understanding  
Relief



## Our Mission

Provide a place to share and  
vent feelings.

Create a safe environment for  
many who can't talk to others  
about suicide.

Promote the normal grief  
process and help with special  
feelings arising from suicide.

Serve as a possible deterrent  
by informing others of the  
effect suicide has on the  
survivors.

Inform others of the special  
needs of survivors.

Share with us ...and let us  
share with you

## RESOURCES

### GRAND RAPIDS

Every second Thursday of each month at:  
Park Congregational Church  
10 Park Place, N.E.  
Grand Rapids, Michigan  
7:00 – 8:30 pm  
(use the Ransom Street entrance)  
Contact Jim Sailors 616.285.5585

### BIG RAPIDS

2<sup>nd</sup> Monday of each month at:  
Hospice of Michigan Office  
400 Perry Street  
Big Rapids, Michigan  
5:30 – 7:00 pm  
Contact Tangela Zielinski 231.796.7371

### MUSKEGON

Third Monday of each month at:  
St. Michaels Church  
1716 E. Dale  
Muskegon, Michigan  
7:00 – 8:30 pm  
(corner of Sixth & Dale)  
Contact Gretchen Olson 231.955.8094

### HOLLAND

First Thursday of each month at:  
Hospice House  
445 104<sup>th</sup> Ave  
Holland, Michigan  
6:30 – 8:00pm  
Contact Pat Vorpagel 616.396.2972